RNAV Transition Coding Tables - RWY 07 ILSz

LANNU transition									
Path Terminator	Waypoint			Course/Track °MAG(°True)	DIST NM	Turn Direction	Constraints		Navigation Specification
	Identifier	Flyover	Coordinates				Level	Speed kt	
IF	LANNU	-	42°14'19.0"N 042°14'06.0"E	-	-	-	+A3500	-230	RNAV1
TF	KO102	-	42°08'53.6"N 042°15'20.6"E	163° (170.3°)	5.5	-	+A2500	-200	RNAV1

OQLES transition									
Path Terminator	Waypoint			Course/Track °MAG(°True)	DIST NM	Turn Direction	Constraints		Navigation Specification
	Identifier	Flyover	Coordinates				Level	Speed kt	
IF	OQLES	-	42°07'58.0"N 042°08'03.0"E	-	-	-	+A3500	-230	RNAV1
TF	KO102	-	42°08'53.6"N 042°15'20.6"E	073° (080.2°)	5.5	-	+A2500	-200	RNAV1

RNAV Holding Coding Table								
Fix Identifier	Inbound course °MAG(°True)	Time (min)	Turn Direction	Min alt.	Max alt.	Speed limit (kt)	Mag. VAR	Navigation Specification
OQLES	073° (080.0°)	1.0	L	A3500	FL140	250	-7°	RNAV1